



Goddess Aphrodite – Prayer to Heal (Romantic) Heartbreak

Beloved Aphrodite, Goddess of Romantic Love, Sensuality, Pleasure, and Magnetic Attraction. Aphrodite, honoured one, incomparable one, with each breath I praise you. Beloved Aphrodite, hear my prayer.

Beloved Aphrodite, Golden Blessed One, bright goddess, borne on the ocean's waves, your beauty is beyond compare.

The Romans named you Venus for you are both morning and evening star, you are the brightest of stars. In the cold northern lands of the Norse peoples, you were named Freya. In the hot southern lands of Egypt you were named Bast.

Beloved Aphrodite, Golden Blessed One, you are beauty, you are love, you are the power of attraction. In your sacred temple there are flowing fountains filled with precious pearls and around your fountains are scattered many precious gems. White doves find their home here. Lilies and roses hang from pillars of white marble. Rose quartz bowls are filled with apples and pomegranates; your sacred fruit. The cleansing scent of myrtle flowers fill the air mixed with the earthy scent of sandalwood and the sweeter scents of African violet, cherry, and honeysuckle.

Beloved Aphrodite, Golden Blessed One, water is your chosen element of love and healing. Take my precious heart into your temple, hold my heart close to your healing waters, help to soothe my aching heart. In your healing fountains, release my heart from any desire for needless sacrifice, any need to give myself away, to give my energy away, to surrender what need not be surrendered. Heal my heart of any impulse to needlessly sacrifice my heart in the hope of finding true love.

Beloved Aphrodite, Golden Blessed One, in your healing temple I ask that you clear all psychic and sexual energy that does not belong to me and then fill my innermost being with light, filling all emptiness, all void spaces with the purest of light, the purest love.

Beloved Aphrodite, Golden Blessed One, hold my heart close to your healing waters, and in your healing temple release my heart and mind from obsessive thoughts, obsessive feelings, thoughts and feelings of anger, of hurt, of guilt, of shame, of sorrow, of disappointment, of unmet needs, unmet hopes and expectations, of power struggles, of jealousy, of rejection, of betrayal. Teach me to navigate the ways of pure love in all of its forms so that I do not seek to grasp love with reckless hands.

Beloved Aphrodite, Golden Blessed One, hold my heart close to your healing waters, and in your healing temple release my heart and mind from all grievances, misery, despair, cynicism, self-critical thoughts, self-blame, self-judgement. Releasing what is not useful. Creating space in my being for my own essential light.

Beloved Aphrodite, Golden Blessed One, in your healing temple I ask that you clear all psychic and sexual energy that does not belong to me and then fill my innermost being with light, filling all emptiness, all void spaces with the purest of light, the purest love.

Beloved Aphrodite, Golden Blessed One, hold my heart close, release my heart and mind from all programs of control, of needing to be in control, of seeking to be controlled.

Beloved Aphrodite, Golden Blessed One, help me release the past, release all past lovers, release all their energy, mental, emotional, psychic, sexual. In this way, preventing me from the pain of unnecessary yearning, yearning for what could have been, yearning for all the what ifs, yearning for what is not in my highest path.

Beloved Aphrodite, Golden Blessed One, prevent me from taking foolish action, block me from seeking to fill the void of loneliness with another partner too soon. Assist me in taking a break, in taking space to heal, in strengthening self-care, self-love in all of its important aspects. To remind myself that I am valued, I am beautiful, that I radiate beauty from the core of my innermost being. To remind myself that I am a valuable being in my own right, beyond all romantic connections and partnerships.

Beloved Aphrodite, Golden Blessed One, in your healing temple I ask that you clear all psychic and sexual energy that does not belong to me and then fill my innermost being with light, filling all emptiness, all void spaces with the purest of light, the purest love.

Beloved Aphrodite, Goddess of Love and Beauty, grace, and beauty surround you, at your touch flowers bloom, with the sweetest of scent. I ask for your blessing of healing and release. I call to you now, hear my prayer.

Beloved Aphrodite, Goddess of Love and Beauty, I call to you in your sacred temple of myrtle, lilies and roses and flowing fountains filled with precious pearls. I call to you today for guidance and clarity. I pray that you heal my heart, heal this heartbreak. I pray that you clear the way for happiness to return once more.

Beloved Aphrodite, Goddess of Love and Beauty, only when this healing is complete, and only at the right time, open me once again to feel into the path of eventual connection, eventual love, to feel into a return of trust, a return of openness, a return of tenderness, and a return of intimacy.

Many blessings

