



5D Light Tones – A Pinch of Surrender

These 5D Light tone tracks are relatively short, affirming, mystical and poetic pieces designed to open the heart and mind to your true Galactic/Universal Starseed Nature. As well as opening the heart and mind they could also be called resting places for the heart and mind. A space to receive and contemplate at your leisure.

Dear Starseed,

You came to this world, not as a blank slate, but as a consciousness that had already experienced countless other lifetimes.

As you may have already discovered, in the 3D Matrix it is impossible to completely dodge all the various dramas, conflicts, traumas and patterns of suffering that can happen here. No worries, that is all part of the game.

Perhaps you got entangled in various scenarios for example, religious dogma and programming, perhaps entering this life with unconscious programming around being abandoned by God, condemned by God, deemed unworthy before God, that your suffering is ordained by God. All of that kind of stuff has been going on here for far too long. And kinda gets in the way of the spiritual life and journey.

Since these strange ideas and others about the nature of reality and the Universe do not serve you could treat all of this as old junk that needs to be released into a roaring bonfire.

And why not, the good news is that you can surrender anything that does not serve you, at first a pinch and then more, anything that keeps you playing small release into light. Everything is energy and as such can be transformed into a higher frequency of light.

Spiritual surrender is not about giving up or resigning yourself to fate. It is about releasing control, fear, and other forms of resistance to allow a higher intelligence to do its thing.

This path of surrender is one of trust. Trust that we are guided, that we are supported by unseen forces. You have the support of your Higher Self, and you can ask this higher aspect of you to clear it all out, perhaps asking to burn it all in the spiritual fire of the sun. Where it can be cleared through all layers and levels of your being, throughout the whole Akashic Records.

You can also surrender old karmic gunk to angelic fire. How wonderful just to hand over all lower frequencies to angels who know how to spin it out, out from your field.

Maybe you accepted certain imprinting and programming around your conception, and time in the womb. Maybe you felt a certain ambivalence concerning your birth from your mother or father. Perhaps there was the feeling of not being completely wanted and accepted. This and so much more can be surrendered to the light.

And so you were born into this ascending world. Almost certainly, you picked up a certain level of density, and anything you have picked up or absorbed can be purged and surrendered into light. Perhaps the home you grew up in was not that energetically clear and clean. Perhaps the land the home rested on had various karmic issues. Imagine any of that nature still touching you can be surrendered to the light.

I know that growing up in a 3D world meant that you inevitably created a 3D ego. And that ego does not really feel at home in 5D. What if you could surrender all the masks, roles, beliefs, old stories, old programming of your ego selves to your Higher Self. Yes, the ego may resist this for a time but eventually it will stop wriggling and relax into the process.

What if you could surrender all opinions and judgements and criticisms you have ever received to the light. How wonderful would that be!

What if you could surrender all your relationships to the light? So that any that were not aligned with your highest destiny would just begin to release from your reality. This would allow new relationships since as you have probably heard nature abhors a vacuum. In this process some relationships might transform and strengthen.

What if you could surrender your relationship with money to the light? Including all your bank accounts. That might set some sparks flying in your reality. Perhaps your possessions, especially the things that you no longer really like or love. Perhaps your job, especially if it feels dull or stressful. Perhaps your relationship with food. Perhaps your relationship with self-love. Perhaps your relationship with fear and courage. Perhaps your relationship with the 3D news. What if you could surrender your life path to the light, what would happen then I wonder. Of course, anything is possible.

The good news is that in this space of spiritual surrender, life becomes a dance with the Divine where we allow the Universe to move through us, to guide us toward our highest potential. In this space we allow our soul's light to shine through, and in that space, we become creators of a new reality.

Though a final thought to consider here. A certain pacing of this purging and surrender could be important. Sure, you could just take everything and just throw it all into spiritual fire and see what happens. It might also be wise to take one area of your life at a time and take a pinch of the stuff you find there and surrender it, then see what happens. If this feels good then cast more of that stuff into the spiritual fire. Remember you can always ask for help, the angels love to help.

My role here is to offer possibilities to expand the limits of your mind as to what is possible. Surrender of the old is always possible and desirable since it helps to make way for something new. Surrender of lower vibe stuff allows the space for something higher vibe to enter therein.

Music by Rebecca Reads and the track is called Jupiter Healing.

