



### Sophie and Ben Falinski

*Sophie and Ben Falinski are a singer songwriter couple from Lingfield in England. In 2024, after 15 years of marriage they discovered a love for writing songs together and embarked upon an exciting new adventure to share their music with the world. After a year of writing and recording material in their home studio, the couple decided to start sharing their lives on social media via instagram and tiktok, partnering their love for music with a desire to share daily insights into their own spiritual journey as a married couple. Sophie and Ben both sing on each recording, with Ben filling the role of music producer and multi instrumentalist. The result is a dreamy mix of guitar driven pop rock built around catchy melodies and heartfelt lyrics.*

*On 24th February the couple will release their debut single 'Love Endlessly'. The song is about the winding and complicated journey to finding inner peace and being able to love freely in a challenging world. It was written at a time of awakening and spiritual transformation for both Sophie and Ben and was one of the first compositions to be recorded as part of the couple's first collection of songs together.*

*The lyrics 'You and me, we could be free, like the waves on top of the sea' speaks of a craving for creative and emotional freedom . The desire to live free of distraction and restriction, consumed by passion, wildly sharing love and light with the world. The song is a message that one day this world will once again be a beautiful place where we are not only allowed, but rather encouraged to endlessly love from the depths of our heart, chasing our dreams with every breath that we take.*

*Sophie and Ben's creative energy has also led them into the esoteric world of mantra and frequency. This has sparked a love for writing and performing heart healing mantras tuned to the 432hz 'Miracle Tone of Nature'. The couple will release their first 'Heart Mantra' in collaboration with Steve Nobel and The Soul Matrix in March 2025.*

*'Love Endlessly' is available across all streaming platforms from 24.2.25*

*Social media links, mailing list and Spotify pre-save information can be found on our website*

*[Sophieandbenfalinski.com](http://Sophieandbenfalinski.com)*